



**Frome Valley Archers**

**Newsletter  
February 2012**



## Information

The club has compiled a list of the forthcoming dates for GNAS/NFAS competitions/tournaments within reasonable travelling distance from Dorchester for 2012. The dates are listed at the end of this document. A number of these events are organised by the National Field Archery Society (NFAS) and if anyone wants to attend them they need to join the NFAS (*annual fees are £20 for adults, £10 for juniors or £40 for families*).

Regarding club shoots, every member who enters club handicap shoots will need to give the scores from three recognised GNAS or FITA rounds to the competition secretary in order to be awarded a club handicap. There are various rounds you can choose from and an explanation of the handicap system and all the recognised rounds is included in this document.

When we move outdoors, a separate outdoor handicap will be allocated on the same basis, i.e. the competition secretary receives three scores from recognised outdoor rounds. Anyone who presently has an outdoor handicap will be allocated the same handicap, but please remember you can improve your handicap by shooting a recognised round and handing the score to the competition secretary. There will also be future club competitions that will *not* be handicap shoots.



## GNAS Target Bowstyles

A description of bowstyles permitted under the auspices of GNAS is given in Part 2 of the GNAS Rules of Shooting. Following on, Parts 3-303 & 4-403 list the styles permitted in Target Outdoor and Indoor Archery.

### **What bowstyles are permitted?**

Under GNAS rules ONLY the following bowstyles are recognised for target archery, indoors and outdoors (Rule 303, Rule 400).

- **Recurve Freestyle** – the normal recurve setup as defined in Rule 202.
- **Recurve Barebow** – as defined in Rule 204, but essentially any bow that is neither a compound nor a longbow, with no sights and no stabilisers. In target shoots recurves shot in the ‘traditional’ manner are Recurve Barebow. (*Horsebow falls under this category*).
- **Longbow** – as defined in Rule 206. Only the traditional British longbow is included in this style. It excludes flatbows of any sort, any bow with fibreglass (or similar) laminations, and any bow with recurved limbs.
- **Compound Bow** – the normal compound setup, including optical scope and a release aid, as defined in Rule 207.

## Competitions

Obviously the situation may arise where a member is shooting in a category where they are the only contestant. In this situation they will win that category by default whatever their score, but will not be awarded a medal or trophy, as by definition there was no actual competition. Medals and trophies will be awarded where there are two or more contestants in a competition category.

## Club Records

The club record for each recognised round shot for each bowstyle will be held in the club record book and displayed on the club website, e.g. there will be separate club records for a Warwick round for each discipline (Recurve Freestyle, Recurve Barebow, Compound and Longbow).

## Handicaps

The handicap scheme used by the club follows the National Handicap Scheme defined by The Grand National Archery Society (GNAS).

### **What is a Handicap?**

The handicap system provides a way of comparing scores in different rounds. For instance archers scoring, say, 935 in a York, 881 in a Windsor and 764 in a Western have all shot to a handicap of 35 so have done equally well. Archers are awarded a handicap based on scores they have made in standard rounds recognised by the GNAS.

### **Are the handicaps the same for indoor rounds and outdoor rounds?**

No, they are completely separate systems and you can have a handicap in either or both. Your indoor handicap will probably be different to your outdoor handicap and neither will affect the other. That said, the way the two handicaps work is exactly the same.

### **Are handicaps the same for recurve, longbow and compound?**

Handicaps for different types of bow are calculated from the same tables, but if you shoot more than one type of bow you will be awarded a separate handicap for each.

### **How do I get a Handicap?**

You must shoot and score three of the recognised rounds and hand the completed score sheets to the club records officer. This can be in competitions or just in practice on club nights, so long as another archer can sign to verify each score. It is a good idea to get together with other archers on a club night and agree to shoot a round together. Younger juniors should have an adult scoring for them.

Once you have submitted three scores the Competition Secretary will work out the handicap rating for each score and the average value, rounded up, will become your first handicap.

### **How do I improve my handicap?**

Each time you shoot and score a round, submit it to the records officer and he will calculate the handicap for that score. If it is less than your current handicap, your new handicap will be the average of the two numbers, rounded up to the next whole number if necessary. Otherwise your handicap will stay the same.

## Can my handicap ever get worse?

Yes, but only at an annual re-assessment. Once a year (1st January for Outdoor handicaps and 1st July for Indoor) the records officer will recalculate your handicap based on the average of the handicap ratings of your best 3 scores in the previous 12 months.

## What is a handicap shoot?

Many competitions and league shoots have a handicap adjusted element. This is designed to put novices and experienced archers on an equal footing. Tables 16 - 23 in the Handicap section of the GNAS Rules of Shooting are used to add an allowance to your score (known as your 'made score') to give your handicap adjusted score. Improving novices often win the handicap adjusted medals at competitions as they are the archers who are most likely to beat their handicap scores by a large margin.



## Recognised Rounds

The following tables give the number of dozens of arrows to be shot at each distance for rounds that are recognised for handicap purposes.

5 Zone Scoring (9,7,5,3,1) - 122 cm Face									
Round	100y	80y	60y	50y	40y	30y	20y	10y	
York	6	4	2						
Hereford		6	4	2					
Bristol II			6	4	2				
Bristol III				6	4	2			
Bristol IV					6	4	2		
Bristol V						6	4	2	
St George	3	3	3						
Albion		3	3	3					
Windsor			3	3	3				
Short Windsor				3	3	3			
Junior Windsor					3	3	3		
Short Junior Windsor						3	3	3	
New Western	4	4							
Long Western		4	4						
Western			4	4					
Short Western				4	4				
Junior Western					4	4			
Short Junior Western						4	4		
American			2½	2½	2½				
St Nicholas					4	3			
New National	4	2							
Long National		4	2						
National			4	2					
Short National				4	2				
Junior National					4	2			
Short Junior National						4	2		
New Warwick	2	2							
Long Warwick		2	2						
Warwick			2	2					
Short Warwick				2	2				
Junior Warwick					2	2			
Short Junior Warwick						2	2		

10 Zone Scoring - 122 cm Face								10 Zone Scoring - 80 cm Face					
Round	90m	70m	60m	50m	40m	30m	20m	50m	40m	30m	20m	15m	10m
FITA (Gents)	3	3						3	3				
FITA (Ladies)		3	3					3	3				
Metric I		3	3					3	3				
Metric II			3	3					3	3			
Metric III				3	3					3	3		
Metric IV					3	3					3		3
Metric V						3	3					3	3
Long Metric (Gents)	3	3											
Long Metric (Ladies)		3	3										
Long Metric I		3	3										
Long Metric II			3	3									
Long Metric III				3	3								
Long Metric IV					3	3							
Long Metric V						3	3						
Short Metric								3		3			
Short Metric I								3		3			
Short Metric II									3	3			
Short Metric III										3	3		
Short Metric IV											3		3
Short Metric V												3	3
Half FITA (Gents)	1½	1½						1½		1½			
Half FITA (Ladies)		1½	1½					1½		1½			
Half Metric I		1½	1½					1½		1½			
Half Metric II				1½	1½				1½	1½			
Half Metric III					1½	1½				1½	1½		
Half Metric IV						1½	1½				1½		1½
Half Metric V							1½	1½				1½	1½
FITA 70 metre		6											
FITA 900				2½	2½	2½							

Target Archery Indoor Rounds				
Round	Dozen	Distance	Face	Scoring
FITA 18	5	18 m	40 cm full or triple	10 zone
Vegas	5	18 m	40 cm special	10 zone
	The Vegas face is a numbered 40cm triple triangular face. Four targets per boss; two above & two below. Archers shoot 10 ends of 3 numbered arrows at a high target then 10 ends at a low target or vice versa. Arrows must be shot in number sequence.			
Portsmouth	5	20 y	60 cm full size	10 zone
Worcester	5	20 y	16 inch special	5-4-3-2-1
	The Worcester face has four black zones and one, central, white zone. Four targets per boss; two above & two below. Archers shoot 6 ends of 5 arrows at a high target then 6 ends at a low target or vice versa. 1 end of sighters. Archers do not shoot in rot			
Bray I	2½	20 y	40 cm full size	10 zone
Bray II	2½	25 y	60 cm full size	10 zone
FITA 25	5	25 m	60 cm full or triple	10 zone
Combined FITA	5	25 m	60 cm full or triple	10 zone
	5	18 m	40 cm full or triple	
Stafford	6	30m	80 cm full size	10 zone

## Competition Diary 2012

### 19<sup>th</sup> February

Druids Open Winter Field Shoot (NFAS)

36 Mixed big game and 3Ds

Bremhill (Near Calne), Wiltshire

Adults £6, Juniors £3

### 4<sup>th</sup> March

Dorset & Wiltshire Archery Association (GNAS)

Open Indoor Championships

Record status double Worcester (times ends)

Five Rivers Leisure Centre – Salisbury.

Entry fee Senior & Juniors £13.00

### 18<sup>th</sup> March

Frome Valley Archers indoor club competition (GNAS)

Gents, Ladies and Juniors Recurve, Compound, Barebow, Horsebow, Longbow.

Portsmouth round.

### 25<sup>th</sup> March

Osprey Archers field shoot (NFAS)

36 targets mixed 3D and faces over 2 wooded areas.

Big game scoring. Seniors £6, juniors £3

### 1<sup>st</sup> April

Ashcombe Valley field shoot (NFAS)

Near Teignmouth, Devon.

Entry Fee £6.00

### **8<sup>th</sup> April**

Osprey Archers Club Field Shoot

Open to archers from other clubs for fee of £5.00 on the day.

### **15<sup>th</sup> April**

Osprey Archers Open Triple Shoot (GNAS)

Single one way clout (distance according to age group),

Field (12 Target Woodsman Round),

Target consisting 3 dozen arrows on a 122cm face at 50 metres, ten zone scoring.

(30 metres on request).

Entry fee £10.00 per archer.

### **5<sup>th</sup> & 6<sup>th</sup> May**

South Wilts Bluebell Field Shoot (NFAS)

### **12<sup>th</sup> & 13<sup>th</sup> May**

Society for the Preservation of Traditional Archery Primitive Shoot (SPTA)

Camping available with many primitive skills you can learn, including: Atlatl throwing, tomahawk throwing, flint napping, slinging, bow making, fire starting etc.

### **13<sup>th</sup> May**

Ballands Bowmen Field Shoot (NFAS)

Penselwood, Somerset.

36 x 3D targets.

### **13<sup>th</sup> May**

Dorset & Wiltshire Archery Association (GNAS)

Salisbury FITA Record Status

Ladies & Gentlemen

FITA

Junior Gentlemen (under 18)

Metric I

Junior Gentlemen (under 16), Junior Ladies (under 18)

Metric II

Junior Gentlemen (under 14), Junior Ladies (under 16)

Metric III

Junior Gentlemen (under 12), Junior Ladies (under 14)

Metric IV

Junior Ladies (under 12)

Metric V

Recurve Team of 4 archers (must include 1 lady or gent, and 3 must be seniors)

Mixed Team of 4 (2 recurve & 2 compound) must include 1 lady or gent and 3 must be seniors.

Entry fees £8.50

### **(Precise Date Presently Unknown)**

The Bowmen of Lytchett Fun Shoot (GNAS)

Poole, Dorset.

Reverse National round shooting 2 dozen arrows at 50 yards followed by 4 dozen arrows at 60 yards and 6 sighters to finish.

Alternative distances of 40/50 yards,

30/40 yards & 20/30 yards will be available for juniors.

### **27<sup>th</sup> May**

Devizes Bowmen Top Ten Tournament (GNAS)

Rounds: York, Hereford, Bristol 1 –V, National

The following Trophies will be awarded:-

*The Hunt Cup*

*1st Gent, York, Recurve,*

*The York Trophy*

*1st Gent, York, Compound*

*The Lady Paramount Cup*

*1st Lady, Hereford, Recurve*

*\*Cont'd*

<i>The Hereford Cup</i>	<i>1st Lady Hereford, Compound</i>
<i>The Bye Valley Trophy</i>	<i>1st Gent. Hereford, Recurved</i>
<i>Junior Boys Trophy</i>	<i>1st Bristol I-4 Boy, Recurve</i>
<i>Junior Girls Trophy</i>	<i>1st Bristol I-5 Girl, Recurve</i>
<i>Mr &amp; Mrs Trophy</i>	<i>York &amp; Hereford. Recurve</i>
<i>Mr &amp; Mrs Award</i>	<i>York and Hereford Compound</i>
<i>Team Trophy</i>	<i>2 York &amp; 2 Hereford/Bristols</i>
<i>Team Trophy</i>	<i>3 Highest Archers, Compound</i>
<i>L/R/C Team Award</i>	<i>1 Long Bow, 1 Recurve &amp; 1 Compound</i>
<i>Long Bow Awards</i>	<i>According to Entries</i>

### **2<sup>nd</sup> & 3<sup>rd</sup> June**

3D Field Archery Championships (NFAS)

### **3<sup>rd</sup> June**

Osprey Archers Club Field Shoot (NFAS)

Open to archers from other clubs for fee of £5.00 on the day.

### **10<sup>th</sup> June**

Bowmen of Lytchett Owl Trophy Shoot (GNAS)

Western Round, individuals and teams

### **17<sup>th</sup> June**

Frome Valley Archers outdoor club handicap competition (GNAS)

Gents, Ladies and Juniors Recurve, Compound, Barebow, Horsebow, Longbow.

Windsor round.

### **23<sup>rd</sup> – 24<sup>th</sup> June**

Druids Field Shoot (NFAS)

Summer Solstice weekend

Near Calne, Wiltshire.

### **1<sup>st</sup> July**

Belvedere Bowmen Field Shoot (NFAS)

36 Mixed Game and 3Ds

Near Dorchester & Weymouth

### **8<sup>th</sup> July**

22<sup>nd</sup> Grand Western Archery Society Wiltshire FITA Star (GNAS)

Record status

### **22<sup>nd</sup> July**

Osprey Archers Club Field Shoot (NFAS)

Open to archers from other clubs for fee of £5.00 on the day.

### **22<sup>nd</sup> July**

Magna Carta Field Archers field shoot (NFAS)

36 3Ds and Big Game.

### **28<sup>th</sup> & 29<sup>th</sup> July**

South West Challenge – Westcombe Archers (NFAS)

### **30<sup>th</sup> & 31<sup>st</sup> July**

South West Challenge – XX Archers (NFAS)

**2<sup>nd</sup> & 3<sup>rd</sup> August**

South West Challenge – Dunkery Field Bowmen (NFAS)

**4<sup>th</sup> & 5<sup>th</sup> August**

South West Challenge – Ay Labyrinth (*Top field at Dunkery*) (NFAS)

**5<sup>th</sup> August**

Dorset & Wilts Archery Association Double Fita 70m (GNAS)

Downton, Salisbury

**12<sup>th</sup> August**

Osprey Archers Club Field Shoot (NFAS)

Open to archers from other clubs for fee of £5.00 on the day.

**19<sup>th</sup> August**

Frome Valley Archers outdoor club fun competition & BBQ (GNAS)

Junior Warwick

**2<sup>nd</sup> September**

South Wilts field shoot (NFAS)

**9<sup>th</sup> September**

Druids Autumn Equinox field shoot (NFAS)

36 Hessian faces

**15<sup>th</sup> & 16<sup>th</sup> September**

2D Field Archery Championships (NFAS)

**23<sup>rd</sup> September**

Osprey Archers Open Field Shoot (NFAS)

20 targets mixed 3D and faces twice around fun shoot.

Big game scoring with minus scores possible.

Seniors £6.00 Juniors £3.00

**30<sup>th</sup> September**

Belvedere Bowmen Filed Shoot (NFAS)

36 Mixed Game and 3Ds

**7<sup>th</sup> October**

Ballands Field Shoot (NFAS)

**14<sup>th</sup> October**

Ashcombe Field Shoot (NFAS)

**21<sup>st</sup> October**

Osprey Archers Club Field Shoot (NFAS)

Open to archers from other clubs for fee of £5.00 on the day.

**11<sup>th</sup> November**

Osprey Archers Club Field Shoot (NFAS)

Open to archers from other clubs for fee of £5.00 on the day.

*\* At the time of compilation no dates were available for the The Bowmen of Lytchett (GNAS)  
Vic Skeats Memorial Shoot*